

Carbon Reduction Plan

Medicare Insourcing Services Ltd

Medicare Insourcing Services Ltd is committed to achieving net zero emissions by 2035.



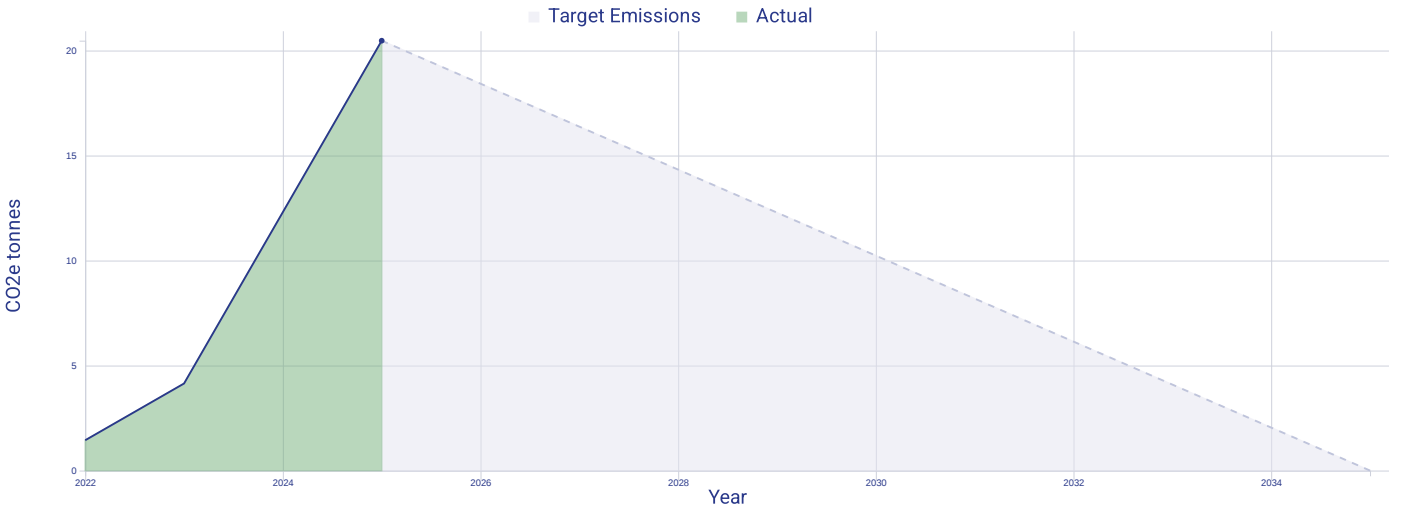
Baseline Emissions Footprint vs Current Emissions Footprint

Baseline emissions are a record of the greenhouse gasses that have been produced in the past and were produced prior to the introduction of any strategies to reduce emissions. Baseline emissions are the reference point against which emissions reduction can be measured.

Emission Scope	Baseline Emissions, 2022 (tonnes CO2e)	Current Emissions, 2025 (tonnes CO2e)
Scope 1	0.0000	0.0000
<i>Energy Purchased (Sites, Other Emissions)**</i>	0.0000	0.0000
<i>Company Cars (Company Cars, Other Emissions)</i>	0.0000	0.0000
<i>Delivery Vehicles (Delivery Vehicles, Other Emissions)</i>	0.0000	0.0000
<i>Air Conditioning / Refrigerants (Other Emissions)</i>	0.0000	0.0000
Scope 2	0.9325	2.5311
<i>Electricity (Sites, Other Emissions)**</i>	0.9325	2.5311
Scope 3	0.5122	17.9391
<i>Purchased Goods and Services (Sites, Other Emissions)**</i>	0.0170	0.0115
<i>Capital Goods (Other Emissions)</i>	0.0000	0.0000
<i>Fuel & Energy Related Activities (Other Emissions)</i>	0.0000	0.0000
<i>Upstream Transportation & Distribution (Freighting Goods (Upstream), Other Emissions)</i>	0.0000	0.0000
<i>Waste Generated in Operations (Waste Disposal, Other Emissions)</i>	0.1055	0.0521
<i>Business Travel (Hotels, Air Travel, Public Transport & Hire Cars, Employee Owned Vehicles, Company Cars, Other Emissions)</i>	0.3896	4.2572
<i>Employee Commuting (Home Working, Employee Commuting, Other Emissions)</i>	0.0000	13.6183
<i>Upstream Leased Assets (Other Emissions)</i>	0.0000	0.0000
<i>Downstream Transportation & Distribution (Freighting Goods (Downstream), Other Emissions)</i>	0.0000	0.0000
<i>Processing of Sold Products (Other Emissions)</i>	0.0000	0.0000
<i>Use of Sold Products (Other Emissions)</i>	0.0000	0.0000
<i>End of Life Treatment of Sold Products (Other Emissions)</i>	0.0000	0.0000
<i>Franchises (Other Emissions)</i>	0.0000	0.0000
<i>Investments (Other Emissions)</i>	0.0000	0.0000
Total	1.4446	20.4702
** Generated from renewable sources	428.9400	0.0000
* includes WTT		

Carbon Reduction: Projected vs Actual

In order to continue our progress to achieving Net Zero, we have adopted the following carbon reduction targets. We project that carbon emissions will decrease over the next years to 0.0000 by 2035 this is a reduction of 100%



Information About our Organisation

Business Type: Small and Medium-sized Enterprise (SME) Number of Employees: Approximately 23 employees Core Activities: Medicare Insourcing Services Ltd is an office-based professional services organisation providing insourcing services to the healthcare sector, including NHS organisations across the UK. The company supports the delivery of diagnostic and clinical services through operational coordination, contract management, and administrative support functions. The organisation does not provide direct clinical services and does not operate energy-intensive processes, manufacturing activities, or vehicle fleets. Its environmental impact is therefore primarily associated with office-based activities and supporting business operations.

Additional Details About our Emissions and Targets

Year	Comments
2025	The 2025 carbon footprint has been calculated using recognised methodologies and proportionate estimates where direct data is unavailable due to serviced office arrangements. Calculations reflect actual working patterns, including hybrid and home working, and use aggregated data for commuting and waste in line with accepted Scope 3 reporting guidance. The approach provides a realistic baseline aligned with the organisation's operational control and PPN 06/21 requirements.
2022	We have not generated any carbon activity in the following areas: Air Travel, Hotels, Employee Commuting, Company Cars, Home Working, Delivery Vehicles and Freightage Goods.

Carbon Reduction Projects

The following environmental management measures and projects are currently in progress or have been completed since the 2022 baseline.

Actions In Progress

Increase Recycling and Waste Diversion Efforts

Target Completion Date: 31/12/2028

Estimated Carbon Reduction: 0.0000

Objective

Reduce waste-related emissions and improve recycling rates.

Target

Achieve a 50% waste diversion rate.

Action, Improvement or Control

Expand recycling programs and promote circular economy practices. Actions focus on behavioural change, supplier engagement, and influence within serviced office arrangements.

Engage with Serviced Office Providers on Energy Efficiency

Target Completion Date: 31/12/2027

Estimated Carbon Reduction: 0.0000

Objective

Reduce energy consumption through efficient lighting and automation.

Target

Decrease electricity usage in facilities.

Action, Improvement or Control

Engage with serviced office providers regarding existing lighting efficiency and energy management controls. Actions focus on behavioural change, supplier engagement, and influence within serviced office arrangements.

Promote Product Lifecycle Extensions through Repair and Reuse

Target Completion Date: 31/12/2029

Estimated Carbon Reduction: 0.0000

Objective

Minimise waste and enhance resource efficiency.

Target

Extend product lifespan by 20%.

Action, Improvement or Control

Encourage repair initiatives and reuse of materials.

Review Energy Performance Information Provided by Serviced Office Operators

Target Completion Date: 31/12/2026

Objective

Identify inefficiencies and areas for improvement in energy consumption.

Target

Improve energy efficiency by understanding usage which we can not currently understand

Action, Improvement or Control

Request and review energy performance information provided by serviced office operators where available.

Support Local and International Carbon Reduction Initiatives

Target Completion Date: 31/12/2035

Estimated Carbon Reduction: 0.0000

Objective

Enhance impact through external sustainability programs.

Target

Contribute to at least five large-scale initiatives.

Action, Improvement or Control

Provide funding and collaboration for emission reduction projects.

Incentivise Public Transport, Carpooling, and Cycling

Target Completion Date: 31/12/2027

Objective

Lower commuting-related emissions among employees.

Target

Increase adoption of sustainable commuting by 30%.

Action, Improvement or Control

Provide incentives for public transport, cycling, and carpooling programs.

Implement Power-Down Policies for Non-Essential Equipment

Target Completion Date: 31/12/2026

Estimated Carbon Reduction: 0.0000

Objective

Reduce standby power usage across operations.

Target

Decrease equipment standby energy consumption.

Action, Improvement or Control

Introduce automated shutdown policies and employee awareness campaigns.

Work with Suppliers to Reduce Emissions

Target Completion Date: 31/12/2030

Objective

Minimise Scope 3 emissions through supply chain collaboration.

Target

Encourage suppliers to adopt emission reduction plans.

Action, Improvement or Control

Partner with key suppliers to implement sustainability programs.

Invest in Verified Carbon Offset Projects

Target Completion Date: 31/12/2035

Estimated Carbon Reduction: 0.0000

Objective

Offset unavoidable emissions through certified projects.

Target

Invest in projects offsetting 10% of residual emissions.

Action, Improvement or Control

Allocate funds to high-quality offset initiatives.

Promote Remote Work and Virtual Meetings

Target Completion Date: 31/12/2026

Estimated Carbon Reduction: 0.0000

Objective

Reduce business travel-related emissions.

Target

Reduce corporate travel emissions by 20%.

Action, Improvement or Control

Implement remote work policies and encourage virtual conferencing.

Completed Actions

Generation of General Office Waste

Completion Date: 31/12/2023

Estimated Carbon Reduction: 0.0000

Objective

To reduce total amount of waste

Target

Action, Improvement or Control

Recycling posters Recycling bins/facilities available Eliminate single use items Reduce - reuse - recycle policy

Impact:

All waste is recycled

Business Mileage (private vehicle)

Completion Date: 30/04/2024

Estimated Carbon Reduction: 0.0000

Objective

To calculate the business mileage done by employees and reduce

Target

Action, Improvement or Control

Increase number of virtual meetings Encourage car sharing Increase use of public transport Educate employees on maintenance of their vehicles and raise awareness on fuel efficiency. Offer a salary sacrifice scheme for electric vehicles

Impact:

We have baseline to now work to.

Electricity - Lighting and general use

Completion Date: 30/04/2024

Estimated Carbon Reduction: 0.0000

Objective

To reduce the amount of energy used by the organisation in relation to lighting and general office use

Target

Action, Improvement or Control

Posters reminding to turn off lights, computers and other electrical items up in office. Timers on lights in bathrooms and other appropriate spaces Change all lighting to energy saving alternatives Replace high energy rated appliances with lower energy rated versions Motion sensors for lighting in hallways and other appropriate areas

Impact:

Now have a baseline to work to

To obtain ISO 4001

Completion Date: 26/07/2023

Estimated Carbon Reduction: 0.0000

Objective

To provide assurance to company management and employees as well as external stakeholders that environmental impact is being measured and improved while ensuring we reduce our carbon consumption by 2035.

Target

Action, Improvement or Control

Engage with an ISO 14001 provider

Impact:

We are monitoring our carbon and ensuring we have robust systems in place to reduce this in conjunction with our carbon reduction plan.

Declaration and Sign Off

This carbon reduction plan has been completed in accordance with PPN 06/21 and the associated guidance and reporting standard for Carbon Reduction Plans.

Emissions have been reported and recorded in accordance with the published reporting standard for Carbon Reduction Plans and the GHC Reporting Protocol corporate standard ¹ and uses the appropriate Government emission conversion factors for greenhouse gas company reporting ².

Scope 1 and Scope 2 emissions have been reported in accordance with SECR requirements, and the required subset of Scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) Standard³.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors (or equivalent management body).

Scott Littlefield **CEO**

Name

Job Title



30/01/2026

Signed on behalf of the Supplier

Date

*The methodology used to calculate the organisation's greenhouse gas emissions in this report is based on:
<https://www.gov.uk/government/collections/government-conversion-factors-for-company-reporting>*

1. <https://ghgprotocol.org/corporate-standard>

2. <https://www.gov.uk/government/collections/government-conversion-factors-for-company-reporting>

3. <https://ghgprotocol.org/standards/scope-3-standard>